

Liquid Nitrogen / Canthrone Blister Care Instructions

Liquid Nitrogen or Canthrone treatment may cause blistering. This is normal, even desirable, but it can be painful. To ease the pain and prevent infection follow these simple rules.

- 1. If a painful blister occurs, puncture the side of the blister with a sterile needle, making a hole large enough to prevent the blister from filling with fluid again. This is not necessary if the blister is causing only mild discomfort.
- 2. Leave blister roof intact. This will act as a natural protective dressing.
- 3. Cleanse twice daily with Hydrogen Peroxide, then cover with a thin film of Aquaphor Ointment or plain Vaseline.

If you have any questions, please contact our office.

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